APTA-WI Northwest District Minutes 2/20/22

- New roles:
 - Rachel Sting: Chair
 - o Emily Pritzl: Vice Chair
 - Interest in vestibular
 - Able to attend the professional development committee
 - o Rachel Ciresi: Treasurer
 - Marquette grad
 - Can fill in as secretary if needed
 - Sandi Ritchey: Secretary
- District Requirements
 - o 2 CEU
 - o 2 meetings
- CEU
 - Historically has been unpaid at meetings
 - o Rachel is compiling information on contacts for area clinic systems
 - o 12/7/21: Sonny on shoe wear
 - Maybe focus on the opportunity and make emails more
- Dry needling 3:
 - 2 options for set up-moving forward with less risk option
 - Now have around 12 interested
 - Northwoods offered to host
 - Moving forward with scheduling with Mona
 - o October or 2023
- To Do:
 - Make goals for upcoming year
 - Course ideas:
 - SFMA, EXOS, blood flow restriction,
 - Graston: UW EC hosting in June, maybe the second level?
 - Vestibular: maybe coordinate with an ENT
 - Summer social:
 - Paddle board yoga-Sandi will check in
 - Olympics
 - Next meeting in April
 - Need to make \$ for PAC: tournaments
 - Emily will contact medbridge to ask what their most popular course is
 - o Rachel will ask her new grads what would engage them more

Attendance:

Rachel Ciresi

Rachel Sting

Emily Pritzl

Sandi Ritchey